

PSHE CURRICULUM Years 5 and 6 AUTUMN TERMS

	<u>Relationships</u> <u>Families and Friendships</u>	<u>Relationships</u> <u>Respecting Ourselves and Others</u>
DISCOVER Autumn A Theme: Strength Question: Are you free to think for yourself when you are led by others? Concepts: Oppression Community Loyalty Democracy	Managing friendships and peer influence	Responding respectfully to a wide range of people; recognising prejudice and discrimination Expressing opinions and respecting other points of view, including discussing topical issues
	Resources	Resources
	Happy and Safe Relationships - Solgrid for Solihull schools	Premier League Primary Stars KS2 PSHE Developing values Coram Life Education - 'The Belonging Toolkit', upper KS2 single and double lessons Premiere League Primary Stars Behaviour/ Relationships – Do the right thing A World of Difference Visible Difference Resources
	<u>Living in the Wider World</u> <u>Money and Work</u>	
DISCOVER Autumn B Theme: Change/Influence Question: Is your future planned? Concepts: Discrimination Class Reform Predjudice	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	
	Resources	
	LOUD! Network KS2 lessons: 'Job skills, influences and goals' Gender inequality in the workplace video Book Titles: One hen, Katie Smith Milway; Lemonade in winter: a book about two kids counting money, Emily Jenkins; The lemonade stand: the gang learn about starting a business, Marianne Lewis; Too small to fail, Morris Glezman; Rickshaw girl, Mitali Perkins	

PSHE CURRICULUM Years 5 and 6 SPRING TERMS

PSHE CURRICULUM Years 5 and 6 SPRING TERMS			
	<u>Living in the Wider World</u> <u>Belonging to a Community</u>		<u>Health and Wellbeing</u> <u>Physical Health and Wellbeing</u>
EXPLORE YEAR 5	Protecting the environment; compassion towards others		Maintaining a balanced lifestyle;
Theme: Equality	Resources		Resources
Question: Can you always choose where you live?	Resources taken from... Imagine a kinder world resources ; Premier League Primary Stars KS2 PSHE Tackling plastic pollution with Sky Ocean rescue Team ; Margot – Giving help to others (resources on blood, stem cell and bone marrow donation) Scroll to bottom; Experian - Values, Money and Me (KS2)		PSHE Association Keeping Healthy Resources (CC Link to DT)
Concepts: Belonging; Rights; Cohesion; Integration	Books: The Journey by Francesca Sanna; Ali’s Story by Salvadore Maldonado; Silence Seeker by Ben Morley; Hamzat’s Journey by Anthony Robinson, June Allan, Annemarie Young; The Colour of Home by Mary Hoffman; Azzi Inbetween by Sarah Garland		
	<u>Living in the Wider World</u> <u>Money and Work</u>	<u>Living in the Wider World</u> <u>Media Literacy and Digital Resilience</u>	<u>Health and Wellbeing</u> <u>Physical Health and Mental Wellbeing</u>
EXPLORE YEAR 6	Influences and attitudes to money; money and financial risks	How information online is targeted; different media types, their role and impact Evaluating media sources; sharing things online	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies
Theme: Responsibility	Resources	Resources	Resources
Question: Is there a consequence to living somewhere beautiful?	PSHE Association and GambleAware -Lesson 1 Exploring risk; Lesson 2 Chancing it!	Childnet Trust me Y5/6 lesson 1 Online Content	PSHE Association and Department of children’s sleep medicine at Evelina London’s Children’s Hospital – The Sleep Factor
Concepts: Sustainability Change Beauty Consequences	Experian - Values, Money and Me (KS2)	Google and Parent zone Be Internet Legends BBFC KS2 lessons Let’s watch a film! Making choices about what to watch Guardian foundation and National Literacy Trust NewsWise-KS2 Lesson 5 Spotting fake news, Lesson 6 Understanding news is targeted	

PSHE CURRICULUM Years 5 and 6 Summer TERMS

	CREATE Summer A Theme: Expression Question: Does protest bring peace? Concepts: Diversity; Peace; Protest; Segregation	CREATE Summer B Theme: Image/Individuality Question: Is it better to stand out or fit in? Concepts: Conformity, tradition, freewill, individuality	
	<u>Living in the Wider World</u> <u>Belonging to a Community</u>	<u>Living in the Wider World</u> <u>Belonging to a Community</u>	
	The value of rules and laws; rights, freedoms and responsibilities;	Valuing diversity; challenging discrimination and stereotypes	
	Resources	Resources	
		Premier League Primary Stars KS2 PSHE Diversity PSHE association Inclusion, belonging and addressing extremism KS2 Lesson 3 Stereotypes & Lesson 4 Extremism Premier League Primary Stars KS2 PSHE Inclusion	
Year 5 Both Years	<u>Health and Wellbeing</u> <u>Physical Health and Mental Wellbeing</u>	about what is meant by first aid; basic techniques for dealing with common injuries	
	Resources	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online St John's Ambulance visit First Aid course PSHE Association Mental Health and wellbeing lessons (KS2 Y5-6) NSPCC Making sense of relationships	
	<u>Health and Wellbeing</u> <u>Keeping Safe</u>	<u>Health and Wellbeing</u> <u>Growing and Changing</u>	<u>Relationships</u> <u>Families and Friendships</u>
Year 6 Both Years	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	Human reproduction and birth; increasing independence; managing transition	Attraction to others; romantic relationships; civil partnership and marriage
Resources	PSHE Association – Drug and Alcohol Education (Year 5-6)	Medway Public Health Directorate Primary RSE-KS2 Y6 Secondary School and Changing Friendships Public Health England Rise Above KS2-Transition to secondary school	Medway Public Health Directorate Primary RSE-KS2 Y6 Lesson 3 Positive and healthy relationships

