

Grazeley Primary School Autumn Menu 2021























Monday

Tuesday

Wednesday

Thursday

Friday

Week One 30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021	Option 1	Vegetable and Bean Fajitas with 50/50 Rice 	Beef Burger in a Bun with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread 	MSC Fish Fingers with Chips and Tomato Sauce
	Option 2	Macaroni Cheese with Garlic Slice 	Vegan Sausage Hot Dog with Potato Wedges 	Vegetable Wellington with Roast Potatoes and Gravy 	Tomato and Lentil Pasta with Garlic Bread 	Hominy Pie with Chips (Cheese, Spinach & Potato Tart)
	Vegetables	Green Beans Carrots	Baked Beans Sweet Corn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Custard 	Mandarin Jelly 	Marble Sponge	Oaty Cookie 	Apple, Cheese and Biscuits
Week Two 06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021	Option 1	Cheese and Tomato Pizza with New Potatoes 	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Mediterranean Chicken with Rice 	MSC Breaded Fish with Chips and Tomato Sauce
	Option 2	Vegetable Tagine with Couscous 	Roasted Cauliflower Curry with Rice 	Roasted Quorn Fillet with Roast Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips 
	Vegetables	Green Beans Cauliflower	Sweet Corn Garden Peas	Cabbage Carrots	Sweet Corn Broccoli	Baked Beans Garden Peas
	Dessert	Pear Crumble with Custard 	Chocolate Shortbread 	Pinwheel Cookie 	Peach Upside Down Cake	Apple Flapjack 
Week Three 13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021	Option 1	Quorn Spaghetti Bolognaise	Sausage Roll with Herby Diced Potatoes	Roast Beef with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
	Option 2	Vegan Meatballs in Tomato Sauce with Rice 	Shepherdess Pie with Gravy 	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Enchiladas	BBQ Quorn with Chips
	Vegetables	Broccoli Sweet Corn 	Garden Peas Carrots 	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Eves Pudding and Custard	Chocolate Sponge with Chocolate Sauce	Fruit and Ice Cream	Rice Pudding with Mixed Berries	Pineapple Cake

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.