

RSE CURRICULUM Years 1 and 2

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| DISCOVER Autumn A | <u>Health and Wellbeing</u> <u>Growing and Changing</u> | <u>Relationships</u> <u>Safe relationships</u> | DISCOVER Autumn B | | |
| | Recognising what makes them unique and special; feelings; managing when things go wrong | Recognising privacy; staying safe; seeking permission | | | |
| EXPLORE Spring A | <u>Relationships</u> <u>Respecting Self and Others</u> | <u>Relationships</u> <u>Safe Relationships</u> | EXPLORE Spring B | <u>Relationships</u> <u>Families and Friendships</u> | |
| | How behaviour affects others; being polite and respectful | Managing secrets; resisting pressure and getting help; recognising hurtful behaviour | | Making friends; feeling lonely and getting help | |
| Create Summer A | | | Create Summer B | <u>Health and Wellbeing</u> <u>Growing and Changing (Links to Science)</u> | <u>Relationships</u> <u>Families and Friendships</u> |
| | | | | Growing older; naming body parts; moving class or year Science Objectives: Identify, name, draw and label the basic parts of the human body Notice that animals including humans have offspring that grow into adults. | Roles of different people; families; feeling cared for |

RSE CURRICULUM Years 3 and 4

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| RSE CURRICULUM Years 3 and 4 | | | | | | |
| DISCOVER Autumn A | <u>Relationships</u> <u>Safe Relationships</u> | | <u>Relationships</u> <u>Families and Friendships</u> | | DISCOVER Autumn B | |
| | Responding to hurtful behaviour; managing confidentiality; Recognising risks online | | Positive friendships, including online | | Personal strengths and achievements; managing and reframing setbacks | |
| EXPLORE Spring A | <u>Families & Close Positive Relationships</u> | | | | EXPLORE Spring B | |
| | What makes a family; features of family life | | | | | |
| Create Summer A | <u>Relationships</u> <u>Respecting Ourselves and Others</u> | | <u>Relationships</u> <u>Safe Relationships</u> | | Create Summer B | |
| | Recognising respectful behaviour; the importance of self-respect; courtesy and being polite | | Responding to hurtful behaviour; managing confidentiality; recognising risks online | | what affects feelings; expressing feelings | |

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| RSE Curriculum Year 5 and 6 | Discover Autumn A | | DISCOVER Autumn B | Discover Autumn B |
| | <u>Relationships Families and Friendships</u> | <u>Relationships Respecting Ourselves and Others</u> | | <u>Health and Wellbeing Growing and changing</u> |
| | Managing friendships and peer influence | Responding respectfully to a wide range of people; recognising prejudice and discrimination Expressing opinions and respecting other points of view, including discussing topical issues | | Personal strengths and achievements; managing and reframing setbacks |
| RSE Curriculum YEAR 5 | Create Years A and B | | | |
| | SCIENCE Animals & Humans – link to PSHE/RSE | | | |
| | Describe the differences in the lifecycles of humans including physical and emotional changes at puberty; External genitalia; personal hygiene routines; support with puberty. | | | |
| RSE Curriculum Year ^ | <u>Health and Wellbeing Growing and Changing</u> | | <u>Relationships Families and Friendships</u> | |
| | Human reproduction and birth; increasing independence; managing transition | | Attraction to others; romantic relationships; civil partnership and marriage | |